



**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL  
SAILING RULES AND REGULATIONS FOR  
NATIONAL SCHOOL GAMES 2024**

*(Updated as of 20 March 2024)*

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## PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG). These rules and regulations should be interpreted and implemented in alignment to the spirit of the SPSSC's Mission, Aspirations and Motto ([Refer to Annex A](#)).

### **SECTION A – ADMINISTRATIVE RULES AND REGULATIONS**

#### **1. ORGANISATION STRUCTURE AND GOVERNING BODIES**

1.1 The National School Games (NSG) shall be conducted:

- 1.1.1 as governed by the General Rules and Regulations of the Singapore Primary Schools Sports Council (SPSSC).
- 1.1.2 according to the sailing rules and regulations that are modified to suit the level of our school students for safety / developmental reasons.
- 1.1.3 in adherence to the Baseline Safety Standards for the NSG.
- 1.1.4 according to the laws / rules as defined in the *Racing Rules of Sailing (RRS) 2021 – 2024*.

1.2 National School Games Organising Committee (NSGOC)

1.2.1 The NSGOC shall consist of the following:

- a) Lead Convenor
- b) Convenors
- c) Lead Organising Secretary
- d) Organising Secretaries
- e) Game Advisor
- f) Game Manager / Game Executive
- g) Technical Committee
- h) Any other co-opted members deemed necessary

1.2.2 The NSGOC are empowered to appoint sub-committees and individual members to assist in the organisation and running of the NSG competitions as and when required.

1.2.3 The NSGOCs shall have sub-committees to perform the following roles and responsibilities ([Refer to Annex B](#)):

- a) Competitions: Organise and conduct the competition according to the rules and regulations, and established safety standards.
- b) Technical: Establish, review and update competition rules and regulations for the competitions and other matters necessary to provide for safe and developmentally appropriate NSG competitions.
- c) Recognition, Protest and Discipline: Manage recognition and discipline structures to support the desired outcomes of the NSG.
- d) Other functions necessary for the successful completion of the NSG sport that the NSGOC is in charge of.

## 2 AGE GROUPS / DIVISIONS/ NSG SPORTS CATEGORIES

- 2.1 All students shall compete in their respective divisions as stated in [Annex C](#).
- 2.2 All students shall compete in the respective divisions set out in the Para. 2.1 **with the exception of those born on 1 January who have been given approval for deferment by MOE during P1 registration.** These students will compete in the division with the cohort that they are studying with.
- 2.2.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.
- 2.2.2 This exception in Para 2.2 does not apply to students who are born on 1 January and have repeated a year of study.
- 2.3 All students can only be registered in one division of a sport within the same year.
- 2.4 Students aged 11 can play in either the Senior or Junior Division depending on their level of competency<sup>1</sup> for the following sports:

a)	Badminton	g)	Table Tennis
b)	Bowling	h)	Taekwondo (Poomsae)
c)	Rope Skipping	i)	Tennis
d)	Sailing	j)	Volleyball
e)	Sepaktakraw	k)	Wushu
f)	Softball		

- 2.4.1 For these sports, schools will make the decision based on what they deem to be the appropriate level of play for each 11-year-old concerned.

### 2.5 Age Dispensation

- 2.5.1 Age Dispensation refers to the approval given to 7-year-old and 8-year-old students to participate in the Junior Division competitions organised by the Singapore Primary Schools Sports Council (SPSSC). It is only allowed for the following sports:

a)	Badminton	g)	Swimming (Junior 1 only)
b)	Bowling	h)	Table Tennis
c)	Golf	i)	Taekwondo (Poomsae)
d)	Gymnastics <sup>2</sup>	j)	Tennis
e)	Rope Skipping	k)	Track and Field (Junior 1 only)
f)	Sailing	l)	Wushu

<sup>1</sup> Participating Schools should register their students for the Senior or Junior Division based on the students' level of competency and readiness.

<sup>2</sup> Boys Junior Under 9, Boys Junior Novice and Boys Junior Optional; Girls Junior I and Girls Junior III (Not applicable for Girls Junior II)

- 2.5.2 Application has to be put forth by parents / guardians, endorsed by school Principals and submitted to respective NSGOCs for follow-up (**Refer to [Annex D](#)**).
  - 2.5.3 Age dispensation is only applicable to the specific sport and division in the year of application.
- 2.6 Categories of NSG Sports
- 2.6.1 Event-based Sports: Sailing

### 3. ENTRIES

- 3.1 For Senior Division, each school is eligible to send up to 12 sailors for for each of the Boys and Girls divisions.
- 3.2 For Junior Division, each school is eligible to send up to 12 sailors for the Green Fleet and up to 12 sailors for the White Fleet, for each of the Boys and Girls divisions.
- 3.4 Participants who are taking part in NSG Sailing for the first time may sail in the Green Fleet\*.
- 3.5 Participants who have taken part in previous NSG Sailing competitions shall sail in the White Fleet.
- 3.6 Each participant is allowed to sail in one class of boat only.
- 3.7 All single-handed dinghy participants are required to have at least a SOF Opti-Racer certification for the Optimist class or a Dinghy Proficiency Level 1 certification for the ILCA classes. Schools are responsible for registering participants who have attained basic proficiency certificates in the interest of their safety. TM must ensure participants have basic racing proficiency and the proficiency must be made known to the Principals. This information will reside with the TM and need not be submitted to the NSGOC or uploaded in NIS.

*\*Participants who have not participated in NSG Sailing before and are deemed by schools to be suitable, may register them in the White Fleet. Schools must ensure that the participants have the competency and experience to race in the more competitive White Fleet.*

### 4. REGISTRATION OF PARTICIPANTS

- 4.1 Eligibility
  - 4.1.1 Only official students of the school can represent the school.
  - 4.1.2 Students requesting for a transfer may only represent their new school when the transfer has been officially effected.
  - 4.1.3 International students can only be registered to compete for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).
  - 4.1.4 Students who are in the schools on exchange programmes are not allowed to represent the school.

- 4.1.5 Students granted Leave of Absence (LOA) by MOE are allowed to represent the school.
- 4.1.6 Registration constitutes representation, that is, once a student is registered to compete for a school, he or she is deemed to have represented his or her school. Hence, the student is not allowed to represent another school in the same sport in the same year.
- 4.1.7 The fielding of unregistered players will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).

#### 4.2 Registration Process

- 4.2.1 All registration must be submitted through the NSG Integrated system (NIS) Registration Module at <https://nsg.moe.edu.sg/nis/#!/login> by the stipulated closing date. This includes details of participants along with the necessary supporting documents including:
  - a) Baseline Safety Standards Acknowledgement Form
  - b) Supporting documents for Special / Transfer case students
  - c) Other forms as determined by the respective NSGOCs
- 4.2.2 Any requests for amendments or late registration after the closing date must be sent via email through the Principal to the Lead Convenor **1 working day before issue of entry list<sup>3</sup>**.

#### 4.3 Replacement and addition of participants

- 4.3.1 Replacement of a registered participant is only allowed when that participant is no longer an official student of the school and if the school has maximised their registration numbers.
- 4.3.2 Addition of participants is only allowed for students who have joined the school after registration has closed and if schools have not maximised their registration numbers.
- 4.3.3 Any request for replacement (Para. 4.3.1) or addition (Para. 4.3.2) after registration has closed, must be sent via email through the Principal to the Lead Convenor at least one (1) working day before the next match.

#### 4.4 Participant Sail Numbers

- 4.4.1 Every sailor should have a designated sail number which is officially recognised by Singapore Sailing Federation.
- 4.4.2 It is the responsibility of the schools and participants to use the correct sail number when reporting to the race control. However, should the need arise, replacement for sail numbers is allowed but permission must be sought from the Principal Race Officer and the NSGOC.
- 4.4.3 Those who do not comply with the above requirements shall be disqualified.

## SECTION B – COMPETITION RULES & REGULATIONS

### 5. COMPETITION FORMAT (Refer to [Annex E](#))

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<sup>3</sup> The entry list should not be issued more than 10 working days before the start of competition.

5.1 All sports competition formats shall be that as approved by the SPSSC's Standing Committee and stated in the specific sport's rules and regulations.

5.2 The competition will be organised in the following format:

a) Direct National

5.3 For a competition / event to be organised:

5.3.1 There must be a minimum of three (3) registered participants from two (2) different schools for Individual Sports.

5.4 Sailing competition format

5.4.1 Schedule

<b>Date</b>	<b>Class / Division</b>	<b>Race Area</b>	<b>Warning Signal for 1<sup>st</sup> Start</b>
22 & 23 April 2024	Optimist – Senior Boys	B	1100AM
	Optimist – Junior Boys, Girls (White Fleet)	C	
24 & 25 April 2024	Optimist – Senior Girls	B	1100AM
	Optimist – Junior Boys, Girls (Green Fleet)	C	
<b>26 April 2024</b>	<b>Reserve date</b>	-	1100AM

5.4.2 Number of races

<b><i>Division</i></b>	<b><i>Total no. of scheduled races</i></b>	<b><i>Races per day</i></b>
Junior (White) and Senior	7	Not more than 4
Junior (Green)	6	Not more than 3 (excluding practice race)

## 6. AWARD OF SCORES

6.1 The award of league points shall be that as approved by the SPSSC's Standing Committee and stated in the specific sport's rules and regulations.

- 6.2 At least 1 race must be completed in order to constitute a competition and for scoring.
- 6.3 The sum of the best three positions from each school shall be used to determine school rankings for Division Titles for each division.
- 6.4 A Ghost Entry will be used to calculate a school's ranking if it has only 2 sailors in a division.
- 6.5 In the event of a tie in school ranking, each tied school's best three positions will be compared. The school with the greatest number of top individual positions, starting with the number of firsts, then seconds and so on, shall be awarded the higher placing. If the tie still cannot be broken then, both schools will be awarded the same placing.

## 7. AWARDS

### 7.1 Divisional Awards

7.1.1 There should be only one (1) Divisional Title<sup>4</sup> per division / sex for each sport<sup>5</sup>.

7.1.2 The number of divisional trophies to be awarded shall be as follows:

No. of Teams	Positions Awarded
3 to 4	2
5 to 6	3
7 or more	4

7.1.3 No individual award will be given to each participant.

7.1.4 Schools with only 1 sailor in a division are not eligible for Divisional Titles.

7.1.5 There will be no Divisional Title awarded for a division if there are less than 3 schools with a minimum of 2 registered sailors participating in that division.

7.1.6 There will be no Divisional Titles awarded to the Junior Division.

7.2 The number of prizes to be awarded for Direct National Competitions shall be as follows:

No. of Participants	Positions Awarded
3 - 4	2
5 - 6	3
7 - 8	4
9 - 10	5
11 - 12	6
13 - 14	7
15 or more	8

### 7.5 Achievement Pins (for Junior Division)

<sup>4</sup> Only events with a minimum of three (3) competitors from three (3) different schools will contribute to the calculation for Divisional Titles.

<sup>5</sup> Three (3) disciplines for Gymnastics are considered as three (3) individual sports.



7.5.1 Achievement pins shall be awarded up to 50% of participants for event-based sports

7.6 The prizes awarded for all competitions shall be as follows:

Position	Medals / Trophies
1 <sup>st</sup>	Gold
2 <sup>nd</sup>	Silver
3 <sup>rd</sup> to 8 <sup>th</sup>	Bronze

## 8. REPORTING AND GRACE PERIOD

8.1 Participants are to report punctually by 8.30AM on their race days.

8.2 Participants who are unable to report on time, must inform the NSGOC or their representatives at the competition venue of the delay. Where applicable, specific sports can allow for a grace period of fifteen (15) minutes. The NSGOC may extend this grace period if deemed justifiable.

8.3 As far as possible, all events will commence as scheduled. It may sometimes be necessary to start an event ahead of or behind schedule. In all such cases, announcements will be posted online at:  
<https://events.sailing.org.sg/events/national-school-games-342-348-218-363/?occurrence=2024-04-22>

8.4 A skippers' briefing will be held on 22 April and 24 April at 9.30AM in the auditorium at National Sailing Centre.

## 9. POSTPONEMENT AND ABANDONMENT

9.1 Any postponement or abandonment<sup>6</sup> of a match / event shall be determined by the NSGOC only.

## 10. WITHDRAWAL AND FORFEITURE

10.1 Any withdrawal<sup>7</sup> or forfeiture<sup>8</sup> can be considered contrary to the spirit of the NSG and can result in a walkover when the fixtures / competition schedule has been issued.

10.1.1 In the event that the withdrawal causes unevenness in the fixtures / competition, the NSGOC may conduct a full / partial re-draw.

10.2 For each withdrawal or forfeiture, a written explanation duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.

10.3 For withdrawals, all results involving the team / participant will be null & void.

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<sup>6</sup> Abandonment refers to any match / event that has started but cannot reach a natural conclusion and may be postponed or cancelled.

<sup>7</sup> Withdrawal refers to discontinuing participation in the competition.

<sup>8</sup> Forfeiture refers to inability to start or complete a match / event.

- 10.4 For forfeitures, the team / participant will concede a walkover and the results of a match / event shall be based on the sports specific rules and regulations.

## 11. WALKOUT<sup>9</sup>

- 11.1 Staging a walkout is considered a serious breach of conduct and contrary to the spirit of NSG.
- 11.2 Participants that stage a walkout shall be subject to disciplinary action (**Refer to [Para 19](#)**).
- 11.3 A written explanation from the school(s) duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 11.4 The competition officials shall submit a written report to the NSGOC within one (1) working day.

## 12. TECHNICAL PROTEST AND PROTEST (Refer to [Annex F](#))

- 12.1 For technical protests and requests for redress by boats refer to the Sailing Instructions (SI). (**Refer to SI S/N 15**)
- 12.2 Competing Under Protest (Not applicable to Sailing)
- 12.3 Protest
- 12.3.1 The TM concerned may submit an official protest to the NSGOC via email. The protest must fulfil all the following conditions:
- a) Be sent through the Principal.
  - b) Reach the NSGOC within one (1) working day after the match / event unless stipulated otherwise in the respective sport-specific rules.
  - c) Provide reasons and evidence for the protest.
- 12.3.2 Protests based solely on a decision involving the accuracy of judgement on the part of an umpire / referee / judge shall not be considered by the NSGOC.
- 12.3.3 A protest panel chaired by a Convenor will be formed within the NSGOC to deliberate on protests that have met all conditions in 12.3.1. Where there may be potential conflict of interest, the schools involved will not sit in the panel.
- 12.3.4 The decision of the protest panel will be made known in writing to the schools concerned within five (5) working days.
- 12.3.5 A protest fee of \$150 will be paid by the school that raised the protest (within 30 days from notification of outcome) if the protest is overruled.

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<sup>9</sup> Wilful refusal to compete against the NSGOC's advice.

### 13. APPEAL (Refer to [Annex F](#))

- 13.1 Schools may appeal against the outcome of a protest to the Council. The appeal must fulfil all the following conditions:
- a) Be sent through the Principal
  - b) Reaches the respective Honorary Secretary for zonal competitions, or Secretariat of the main council for national competitions within two (2) working days upon receiving the protest sub-committee's decision
  - c) Provides reasons and evidence for the appeal
- 13.2 The Board of Appeal (BoA) will be convened to deliberate on the appeal within ten (10) working days. Where there may be potential conflict of interest, the schools involved will not sit in the BoA. The decision of the BoA shall be final.
- 13.3 An appeal fee of \$300 will be paid by the schools that raised the appeal (within 30 days from notification of outcome) if the appeal is overruled.

### 14. BARRED PARTICIPANTS

- 14.1 Participants barred by any one of the following bodies are not allowed to participate in the NSG for that sport:
- a) School
  - b) Singapore Primary Schools Sports Council (SPSSC)
  - c) Singapore Sailing Federation (SSF), with endorsement from SPSSC

### 15. TEAM MANAGER (TM)

- 15.1 The Team Manager (TM) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants / teams from their school (**Refer to [Annex G](#)**).
- 15.2 Participants / teams must be accompanied by a TM who shall remain with the team throughout the duration of play. The absence of a TM will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).
- 15.3 The TM shall be a school staff<sup>10</sup> or School Adult Representative (SAR) (**Refer to [Annex H](#)**) appointed by the participating school.
- 15.4 TMs are expected to conduct themselves with decorum at all times and strive towards Aspiration 2 (**Refer to [Annex A](#)**).
- 15.5 TMs must ensure that their coaches adhere to the rules and regulations and the Code of Conduct (**Refer to [Annex I](#)**).
- 15.6 The TM shall personally check-out for all the participants racing and check the accuracy of all details, before they leave the shore for any race or racing period and shall personally check-in for all participants from racing upon returning to shore or retiring from the race or racing period at the National Sailing Centre.

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<sup>10</sup> For TMs, MOE employed staff such as Education Officer, Contract Adjunct, Flexi Adjunct, EAS (AM, OM and CSO) and AED can be deployed.

The check-in period will end one hour after the last boat has finished the last race of the day or when the race committee signals no more racing for the day, whichever is later. The NSGOC, at its discretion, may extend the time permitted to check-in.

- 15.7 TMs are to ensure that the boats being used at the event are registered with the Maritime Port Authority (MPA) of Singapore. Participants whose boats are not registered with MPA would be disqualified for the day of competition.

## 16. COACHES

- 16.1 Coaches are expected to conduct themselves with decorum in alignment to the Code of Conduct (**Refer to [Annex I](#)**) and strive towards Aspiration 2 at all times (**Refer to [Annex A](#)**).
- 16.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.

## 17. COMPETITION OFFICIALS

- 17.1 Where required, participating schools shall provide competition officials based on the requirements of the sport-specific rules.
- 17.2 School staff<sup>11</sup> and students can serve as officials when required by Para. 17.1.
- 17.3 Schools should ensure that the appointed competition officials are present to fulfil their duties as scheduled by the Convenor and in alignment to Aspiration 3 (**Refer to [Annex A](#)**).
- 17.4 Where required by sport-specific rules and regulations, competition officials should declare any potential conflict of interest to the NSGOC before the start of the competition.

## 18. SPECTATORS

- 18.1 Participating schools must ensure that spectators from their school attending the competitions are aligned to Aspiration 5 (**Refer to [Annex A](#)**) and cooperate with the officials.
- 18.2 Schools sending spectators to the competition shall ensure that their students are in proper school attire and that there are sufficient teachers present to be responsible for their management and well-being.
- 18.3 Spectators may not be allowed to enter the competition venue if they fail to comply with the venue's SOP.
- 18.4 All spectators should remain within their stipulated area throughout the competition and are not allowed to interfere with competition proceedings.

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<sup>11</sup> For competition officials, Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers, Allied Educators, Relief teachers and Untrained teachers can be deployed.

- 18.5 In the event of disruptive or unsportsmanlike behaviour, the NSGOC or its representatives may at their discretion, stop the disturbance and evict the spectators from the competition venue.

## **19. SERIOUS BREACH OF CONDUCT**

- 19.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach.
- 19.1.1 A convenor of the NSGOC shall be appointed as the Chairperson of the panel.
- 19.1.2 The panel may co-opt members from outside the NSGOC, including personnel from the National Federation (NF) to provide technical advice where necessary.
- 19.2 Any individual found guilty of serious breaches of conduct, such as an attempt to inflict, or has inflicted physical harm, or the threat of such on another person, shall be expelled from the NSG, and be banned from it for the calendar year of the NSG. The disciplinary panel can also recommend punishment beyond the calendar year if the breach occurs during the final stages of the competition. This shall also apply to all such behaviours traced to an NSG competition before, during or after the competition.
- 19.3 An appeal against the decision of the Disciplinary Panel can be submitted by the school (for participants, coaches, and TMs) and / or the official to the Council, whose decision shall be final (**Refer to [Para. 13](#)**).

## **20. ATTIRE**

- 20.1 All participants must be in suitable attire bearing the school crest / name where possible and in accordance with the sport-specific rules and regulations.

## **21. NOTICE OF RACE AND SAILING INSTRUCTIONS**

- 21.1 The NoR and SI will be available on the following websites:
- 21.1.1 NSG: <https://nsg.moe.edu.sg/spssc/sailing#rules>
- 21.1.2 Singapore Sailing Federation: <http://www.sailing.org.sg>

## **SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR**

### **22. MATTERS NOT PROVIDED FOR**

- 22.1 All matters not provided for in these Rules and Regulations shall be dealt with by the respective NSGOCs.

## 23. AMENDMENTS

23.1 The SPSSC shall have the right to delete, add or amend the rules and regulations laid down herein.

## 24. LIST OF ANNEXES

A	<a href="#">SPSSC Mission, Aspirations and Motto</a>
B	<a href="#">NSGOC Terms of Reference</a>
B1	<a href="#">PDPA Notification</a>
C	<a href="#">Age Group</a>
D	<a href="#">Age Dispensation</a>
E	<a href="#">Competition Format</a>
F	<a href="#">Clarification, Protest and Appeal Overview</a>
G	<a href="#">Role of Team Managers</a>
H	<a href="#">School Adult Representative (SAR)</a>
H1	<a href="#">SAR Letter of Appointment</a>
I	<a href="#">Code of Conduct for Coaches</a>

**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)  
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)  
MISSION, MOTTO AND ASPIRATIONS**

Mission

*“To provide quality competition experiences for our student-athletes to support character development through the pursuit of sporting excellence”*


Motto

*“Character in Sporting Excellence”*

**Aspiration 1:** *Every athlete an honourable sportsperson*

**Guiding Principle:**

Athletes abide by the rules of the sport, give their best in training and competitions, win with integrity and humility, and lose with confidence and grace. They participate actively and are committed to being better in their sport. They respect their opponents, teammates, coaches, teachers and officials, and display exemplary conduct both on and off court.



**ATHLETES' OATH**

**“In the name of all competitors  
we promise that we shall take part  
in these National School Games,  
respecting and abiding by the rules which govern them,  
committing ourselves to the true spirit of sportsmanship,  
without doping and without drugs,  
for the glory of sport  
and the honour of our teams.”**

(Revised version 2015; Adapted from the Olympic Athletes' Oath, 1999)

**Character in Sporting Excellence**

**Aspiration 2:** *Every teacher and coach an inspiring role model and mentor*

**Guiding Principle:**

The teacher / coach endeavours to develop all athletes to their fullest potential. He focuses on student-centric and values-driven coaching. Teachers / coaches maintain a professional relationship with the athletes and ensure their safety and well-being at all times. As positive role models, they inspire and motivate the athletes towards greater heights.



## **COACHES' OATH**

*In the name of all the coaches,  
we promise to respect all athletes,  
officials and coaches in these  
National School Games.*

*We shall act in the best interest of the  
athletes and schools,  
without doping and without drugs.*

*We commit ourselves to ensure that the  
spirit of sportsmanship and fair play is  
fully adhered to and upheld always."*

*(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)*

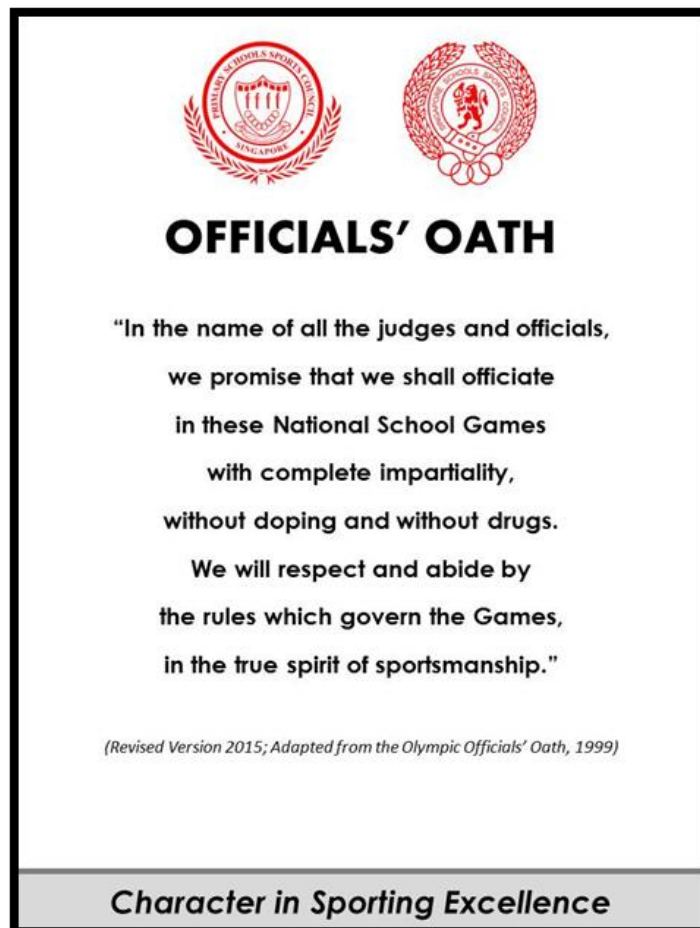
**Character in Sporting Excellence**



**Aspiration 3:** *Every official a fair, respectable and competent authority*

**Guiding Principle:**

The official is well-versed in the rules of the sport, and enforces the laws of the sport with impartiality. They are alert and act decisively when required. They ensure safety for all athletes and explain the rules when required. They uphold the professionalism of the sport.



**Aspiration 4:** *Every parent a supportive partner*

**Guiding Principle:**

Parents take interest in their child's training and competitions and prioritise their long-term development over winning competitions. They ensure proper nutrition and rest for their children, and actively enquire on their progress and development. They work with the teacher and coach, attend competitions and respect the decisions of competition officials.

**Aspiration 5:** *Every spectator a respectful, responsible and caring motivator*

**Guiding Principle:**

Spectators applaud excellence and fair play from all athletes regardless of which team they represent. Spectators show appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. They should cheer to encourage and motivate as well as care for the athletes' well-being. Spectators are responsible and keep the venue safe and comfortable for all.



**SPECTATORS' CREED**

**Be a Respectful Supporter**

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

**Be a Caring Motivator**

- Cheer to encourage and motivate
- Care for athletes' well-being

**Be a Responsible Spectator**

- Keep the venue safe and comfortable for all
- Keep the venue clean

**Character in Sporting Excellence**

**Aspiration 6:** *Every game a safe and enriching learning experience*

**Guiding Principle:**

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting abilities, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.

## TERMS OF REFERENCE FOR SPSSC / SSSC NATIONAL SCHOOL GAMES ORGANISING COMMITTEES (NSGOCS)

The NSGOCS shall have sub-committees to ensure the successful organising and completion of their respective sports that includes but is not limited to the following functions:

### 1. COMPETITION

Organise the competition according to the rules and regulations, and established safety standards, including:

- a. Planning and Execution:
  - i. Work out the competition schedules, fixtures and venues required.
  - ii. Communicate with participating teams on all competition matters, including, but not limited to rules, dates, fixtures, venue, etc.
  - iii. Identify and appoint Competition Director (if applicable) for deployment of officials.
  - iv. Manage competition officials, venues, equipment, medical cover and logistics for effective and efficient conduct of the competition.
  
- b. Risk Assessment and Management:
  - i. Carry out risk assessment and management planning for each venue, including adherence to the baseline safety standards.
  - ii. Communicate relevant parts of the risk assessment and management plan to all relevant parties.
  - iii. Monitor and manage safety and security issues at the competition venue.
  
- c. Venue Management:
  - i. Ensure competition venues (including hosting schools and external venues) have the following in good condition to support the competition:
    - o Equipment
    - o Line Drawings (if applicable)
    - o Consumables
  - ii. Inform hosting Schools of competition schedule.
  - iii. Disseminate competition fixtures to all hosting and participating schools once fixtures are confirmed.
  - iv. Inform hosting and participating schools at least three (3) working days before should there be any changes to / of venue or fixtures.
  - v. Ensure that competition officials and medical support (if applicable) arrive at stipulated time at the competition venue.
  - vi. Remind TMs during briefing:
    - o To check the latest hosting venues' SOPs before each competition
    - o To inform their fellow colleagues and SAR who may be accompanying their students for the competitions on their behalf
  - vii. Prepare the competition venue, such as display of PDPA notifications (**Refer to [Annex B1](#)**), proper allocation of spaces for assembly, warm-up, match, rest areas, spectators, where necessary.
  
- d. Results Processing:
  - i. Ensure competition results are promptly and accurately sent to the NSGO for uploading to the NSG website.

- e. Protest Management:
  - i. Respond to clarifications / protests from participating schools during the competition.
  - ii. Conduct investigations and resolve the clarifications / protests relating to the competition.

## **2. TECHNICAL**

- a. Establish competition rules and regulations for the sport to ensure age appropriateness and opportunities for skills development, including, but not restricted to:
  - o Age grouping / division
  - o Format of competition
  - o Permitted equipment
  - o Field of play
  - o Duration of play; intervals
  - o Number of participants
  - o Substitution rules, etc.
- b. Identify and appoint the technical director and officials for each competition.
- c. Monitor and review baseline safety standards for the competition.
- d. Review and update competition rules and regulations annually and submit Games Recommendations to NSGOC or Council Standing Committee for approval, where necessary.

## **3. RECOGNITION, PROTEST AND DISCIPLINE**

- a. Recognition
  - i. Develop and implement appropriate recognition (including recognition criteria), to support the desired outcomes of the National School Games (NSG), such as Sportsmanship Award.
  - ii. Collect and communicate good stories to relevant parties, including participating schools, MOE HQ and the media where appropriate.
  - iii. Plan and organise prize presentations for the competition.
- b. Protest
  - iv. Conduct investigations with all parties involved, in consultation with the Game Advisor and Lead Convenor.
  - v. Resolve all protests and respond to relevant parties on the outcome within a week of incident reported.
  - vi. Update SPSSC / SSSC Standing Committee on the outcome of the clarifications / protests, where necessary.
- c. Discipline
  - i. Conduct investigations pertaining to disciplinary cases with all parties involved, in consultation with the Game Advisor.
  - ii. Resolve all disciplinary cases and respond to relevant parties in a timely manner.

- iii. Develop disciplinary policies and systemise processes to manage students, teachers and coaches and competition officials for alignment to the Councils' mission, motto and aspirations.



## National School Games Photography & Video Recording Notice



The Ministry of Education (MOE), its authorized photographers and videographers, and approved media broadcasters will be conducting photography and video recording at this event. The photographs and videos may be used by MOE for internal publication or publicity materials. Video footage of the event may be live-streamed on MOE's and the broadcasters' media platforms.

By entering this venue and taking part in this event, you consent to the collection, use, and/or disclosure of photographs and videos containing your personal data by MOE and the approved media broadcasters for the above purposes.

## AGE GROUP FOR NSG

*\* For students in this group, please refer to General Rules and Regulations (subject to [para 2.2](#))*

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
12	Sailing	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016  Applicable for Junior Div	11-Years-Old Overlap

**APPLICATION FOR AGE DISPENSATION**

1. Age Dispensation refers to the approval given to 7 and 8-year-old students to participate in the Junior Division competitions organised by the Singapore Primary Schools Sports Council (SPSSC). It is only allowed for the following sports:
  - a) Badminton
  - b) Bowling
  - c) Golf
  - d) Gymnastics<sup>1</sup>
  - e) Rope Skipping
  - f) Sailing
  - g) Swimming (Junior 1 only)
  - h) Table Tennis
  - i) Taekwondo (Poomsae)
  - j) Tennis
  - k) Track and Field (Junior 1 only)
  - l) Wushu
2. Age dispensation is only granted for that year of application in a specific-sport where the student can only compete in the applicable division as stated in the sport-specific rules and regulations.
3. The Age Dispensation Application Form is to be submitted by parents / guardians to the school Principal for endorsement. The endorsed application form must be submitted together with the school's registration through the NSG Integrated System (NIS) Registration Module on or before the stipulated closing date.

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<sup>1</sup>Boys Junior Under 9, Boys Junior Novice and Boys Junior Optional; Girls Junior I and Girls Junior III (Not applicable for Girls Junior II)



# Age Dispensation Application Form

## PART 1: TO BE COMPLETED BY PARENT / GUARDIAN

*\*Please indicate (X) accordingly.*

<b>1. Sport Information</b>								
(a) Select the Sport: ( <u>only 1</u> )								
<input type="checkbox"/>	Badminton	<input type="checkbox"/>	Bowling	<input type="checkbox"/>	Golf	<input type="checkbox"/>	Gymnastics	
<input type="checkbox"/>	Rope Skipping	<input type="checkbox"/>	Sailing	<input type="checkbox"/>	Swimming	<input type="checkbox"/>	Table Tennis	
<input type="checkbox"/>	Taekwondo (Poomsae)	<input type="checkbox"/>	Tennis	<input type="checkbox"/>	Track and Field	<input type="checkbox"/>	Wushu	
(b) Year of Application (YYYY): _____								
<b>2. Student's Information</b>								
Name:		Gender*:	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female		
NRIC:		Date of Birth (DD/MM/YYYY):	_____ / _____ / _____					
School:								
<b>3. Parent's/ Guardian's Information</b>								
Name:								
Contact No.		Relation*:	<input type="checkbox"/>	Father	<input type="checkbox"/>	Mother	<input type="checkbox"/>	Guardian
Email:								

<b>Terms and Conditions of Application</b>
<ol style="list-style-type: none"> <li>1. Parents / guardians have assessed that the child / ward is physically and mentally ready and deemed him / her to be suitable and ready to compete in the above-stated sport.</li> <li>2. Parents / guardians are to keep the school informed of any changes to personal information. The school is to follow-up with NSGOC of the change promptly.</li> <li>3. Child / Ward is only allowed to compete in the applicable sport and division as stated in the sport-specific rules and regulations for the year of application.</li> <li>4. This application is subject to the school's endorsement.</li> </ol>

By signing below, I acknowledge that I have read, understood, and will adhere to the terms and conditions as stated above.

Name of Parent/ Guardian:		Signature:	
		Date:	

**FOR OFFICIAL USE ONLY**

**PART 2: TO BE COMPLETED BY SCHOOL**

<b>1. School's Information</b>	
School:	
Name of Principal:	
Email of Principal:	<i>(CES email)</i>
Name of Team Manager/ School Coordinator (NSG):	
Email of Team Manager/ School Coordinator (NSG):	<i>(CES email)</i>
<b>2. Rationale for Support by School<sup>2</sup></b>	

Name of Principal:		Signature:	
		Date:	

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<sup>2</sup> Application not supported / endorsed by school is not required to be submitted to NSGOC. School to ensure that student-athlete and parents / guardians are informed of the decision.

## COMPETITION FORMAT

In determining the format for the competition, NSGOC should aim to provide meaningful<sup>1</sup> competition experiences for participating teams. The suggested competition formats highlighted in this Annex are options that the NSGOC can consider when drawing up their fixtures. The selected competition format should be standardised within the same sport (i.e., across zones; and from year to year).

### 1. Grouping

The grouping approach should be determined based on the number of participants / teams in the competition, with the aim to allow teams to have sufficient playing opportunities while optimising resources (venue, officials, time, workload). Each group should comprise 4 to 6 teams with the exception of a single round robin for 7 teams.

### 2. Seeding

Seeding is done based on the preceding year's results and the seeding approach will differ according to the competition format chosen based on the following table:

*Table 1: Recommended seeding approaches for different competition formats*

<b>Zonal / Direct National Competitions</b>	<b>Pool – League Competitions</b>	<b>Pool – Tiered Competitions</b>	<b>Other Competitions</b>
Objectives of Seeding: <ul style="list-style-type: none"> <li>To evenly distribute the top teams from the preceding year into different groups</li> </ul>	Objectives of Seeding: <ul style="list-style-type: none"> <li>To group teams to increase opportunities for them to play with teams of relatively similar abilities</li> </ul>	Objectives of Seeding: <ul style="list-style-type: none"> <li>To group teams to increase opportunities for them to play with teams of relatively similar abilities</li> </ul>	Event-based Competitions / Individual Match-based Competitions (e.g. Table Tennis Junior Division) <ul style="list-style-type: none"> <li>Adopt sports specific seeding approach that would meet the competition needs.</li> </ul>

<sup>1</sup> Each participating team should minimally play 3 matches (i.e., cumulative across Zonal and National competitions; where applicable) in the course of competition. For Tiered and League competitions, teams should minimally play 6 matches. This is to allow for more equitable playing opportunities for all teams.

<ol style="list-style-type: none"> <li>1. The top 4 teams from preceding year's National results will be seeded and distributed to different groups.</li> <li>2. The remaining quarterfinalists will then be seeded and drawn into the different groups.</li> <li>3. The remaining teams will be drawn / placed into groups.</li> </ol>	<p><u>Pool</u></p> <ol style="list-style-type: none"> <li>1. Using preceding year's result, snake seeding will be used for Pool groupings.</li> <li>2. The remaining teams will be drawn / placed into different Pool groups.</li> <li>3. Refer to the table below which illustrates snake seeding.</li> </ol> <table border="1" data-bbox="600 459 1039 845"> <thead> <tr> <th>Group One</th> <th>Group Two</th> <th>Group Three</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>6</td> <td>5</td> <td>4</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>12</td> <td>11</td> <td>10</td> </tr> </tbody> </table> <p><i>*The number indicates the ranking position.</i></p>	Group One	Group Two	Group Three	1	2	3	6	5	4	7	8	9	12	11	10	<p><u>Pool</u></p> <ol style="list-style-type: none"> <li>1. Using preceding year's result, the top teams will be seeded in Pool groupings.</li> <li>2. The remaining teams will be drawn / placed into different Pool groups.</li> </ol>	
Group One	Group Two	Group Three																
1	2	3																
6	5	4																
7	8	9																
12	11	10																
	<p><u>League</u></p> <ul style="list-style-type: none"> <li>• Using Pool's result, the top teams will be seeded in different groups within each League.</li> <li>• The remaining teams will be drawn / placed into different groups.</li> <li>• Teams from the same group in the Pool Round will not be drawn / placed into the same group in League Round.</li> </ul>	<p><u>Tiered</u></p> <ul style="list-style-type: none"> <li>• Using Pool's result, the top teams will be seeded in different groups within each Tier.</li> <li>• The remaining teams will be drawn / placed into different groups.</li> <li>• Teams from the same group in the Pool Round will not be drawn / placed into the same group in Tiered Round.</li> </ul>																



### TECHNICAL PROTEST, PROTEST AND APPEAL OVERVIEW

	Technical Protest (Formal)	Protest	Appeal
<b>Handled by:</b>	NSGOC Rep and/or Competition Officials	NSGOC	BOA (Council and Zone Vice-Chairpersons)
<b>Who must be Informed:</b>	NSGOC Rep, Competition Officials	Principal, Lead Convenor, Lead Org Sec, Game Advisor	Principal, Lead Convenor, Lead Org Sec, Game Advisor and Honorary Secretary (for Zonal), Council Secretariat (for National)
<b>How to Inform:</b>	At competition venue, during appropriate interval without disrupting the race <b>(Refer to SI S/N 15)</b>	Indicate intent to protest on scoresheet at end of match and followed by an email sent through the Principal	Sent through the Principal via email
<b>Fees if Overruled:</b>	Nil	\$150	\$300
<b>Approval Required From:</b>	Nil	Principal	Principal

## ROLE OF THE TEAM MANAGERS

Team Managers (TMs) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants from their school. They must be a good role model for the participants and are expected to conduct themselves well in carrying out their duties. They will:

No	Terms of Reference
1	Be the point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Perform all necessary administrative duties and attend all briefings and / or meetings called for by the respective NSGOCs.
3	Check, verify and keep updated the fixtures and schedules involving the school.
4	Ensure: <ul style="list-style-type: none"> <li>• Accuracy of participants' particulars in the registration and that participants are not placed in the wrong division.</li> <li>• All participants are adequately prepared for safe participation in the NSG in accordance with the Baseline Safety Acknowledgement Form.</li> </ul>
5	Check and comply with the hosting venue's Standard Operating Procedures (SOPs) and communicate all related the information to all the stakeholders associated with the participating schools.
6	Make transport arrangements for the participants.
7	Chaperone participants to and from the competition venue. TMs who are SAR need only chaperone their own child as Parent Chaperones are responsible for chaperoning their own children.
8	Remain with the participants throughout the duration of play.
9	Arrange for a replacement, in the event that they are not able to perform their duty during the entire competition duration. TMs who are SAR should contact the school for assistance in such situations.
10	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition to facilitate the smooth conduct of the competition and be a good role model for the participants.
11	Submit participant / team list and other necessary documents when required.
12	Manage the coaches, participants and spectators, if any, to ensure that they adhere to the General and sport-specific and rules and regulations Code of Conduct given in the rules and regulations.
13	Perform the duty of care for the participants' safety and well-being including: <ul style="list-style-type: none"> <li>• Checking that participants are well enough to compete,</li> <li>• Reminding students to remain hydrated.</li> <li>• Having a first aid kit available.</li> <li>• For long duration competitions where students will need to consume a meal, the SAR should ensure that students have sufficient time for their meal.</li> </ul>
14	Contact the school immediately in the event of an injury or emergency.

15	Consult school leaders for all media related matters.
16	Represent the school in matters pertaining to clarifications / protests / appeals (as required by the sport).
17	Accompany participants at disciplinary board meetings if the occasion arises.
18	Attend to any other matters pertaining to the duty of care, student management and competition matters relating to the participants from their school.



### SCHOOL ADULT REPRESENTATIVE (SAR)

1. The School Adult Representative (SAR) scheme aims to support schools in balancing the numerous competition opportunities for students and managing staff resources. SAR should be parents/legal guardians of one of the participating student-athletes in the session.
2. Schools may appoint suitable SAR as Team Managers for the sports listed.

a) Badminton (Junior Div)	g) Swimming
b) Bowling	h) Table Tennis (Junior Div)
c) Golf	i) Taekwondo
d) Gymnastics <sup>1</sup>	j) Tennis (Senior and Junior Div)
e) Rope Skipping	k) Track & Field
f) Sailing	l) Wushu

<sup>1</sup> For Artistic Gymnastic, SAR may only be appointed by schools that do not offer Gymnastics as a CCA. They may be deployed to manage up to a maximum of 3 student athletes for each distinct competition of the sport.

3. SAR may be deployed to manage up to a maximum of 3 student-athletes for each session of the sport.
4. When there is more than one student-athlete in a session, SAR should be supported by parent chaperones (PC) who should be parents / legal guardians of the participating student-athletes. PC should accompany their own children to and from the competition venue and be responsible for their children's safety and well-being throughout the competition.
5. SAR are encouraged to be trained in first aid.
6. When appointing SAR, schools should:
  - Appoint an Education Officer (EO) as the **School Coordinator**, to serve as liaison between the SAR and the NSGOC.
  - Arrange and conduct a briefing for the SAR on their duties including:
    - SPSSC General and Sport-Specific Rules and Regulations
    - Safety protocols
    - Roles of TMs (Refer to [Annex G](#))
    - Other school-specific SOPs or requirements
  - Be represented by 1 SAR per session only.
  - Ensure that PC are present to oversee their own children's / ward's safety and well-being when the SAR is on duty.
  - Issue the SAR Letter of Appointment ([Annex H1](#)) endorsed by the School Principal.

## Frequently Asked Questions

**1. Can grandparents, siblings, helpers or other relatives be appointed as SAR?**

No. Only a parent or legal guardian of the student athlete can be appointed as the SAR.

**2. Can schools send an SAR for a team sport or event at the SPSSC NSG?**

No. For all team sports or events, schools must send a **school staff** to be the Team Manager.

**3. What happens when an appointed SAR is not able to be present for duty or needs to leave before the end of a competition?**

The SAR should follow the school's current standard operating procedure for managing such situations and contact the school immediately to arrange for a replacement. An appropriate replacement should be provided by the participating school.

**4. If the SAR needs to accompany his/her child to the hospital before the end of the competition, what are the standard procedures?**

Please refer to Q6.

**5. If any of the parent chaperones does not turn up or needs to leave before the competition ends, what are the standard procedures?**

The SAR should call the School Coordinator to seek advice and assistance. The student whose parent is absent, may not be allowed to compete.

**6. Is there a different set of Baseline Safety Standards (BSS) School Acknowledgement Form for schools represented by SAR?**

The same form will be used. The School Coordinator should brief the SAR on the requirements and implications of the BSS Acknowledgement Form. SAR should also be familiar with the respective sports safety requirements and practices and is encouraged to be trained in first aid.

## &lt;School Letter Head&gt;

**SCHOOL ADULT REPRESENTATIVE (SAR)  
LETTER OF APPOINTMENT**

<b>School:</b>	
<b>Sport:</b>	
<b>Full Name of SAR:</b> (as in NRIC / Passport)	
<b>NRIC / Passport No.:</b> (last 4 characters e.g. 234A)	
<b>Name of Child / Ward:</b>	
<b>Mobile No.:</b>	

**Terms and Conditions**

1. The above-mentioned is appointed as the SAR who shall represent the school in the National School Games competition for the sport and dates given only.
2. The SAR shall believe in and support the Council's mission, motto and aspirations and support the involvement of the students under their charge in the competitions and events with a strong educational focus.
3. The SAR shall perform the roles and responsibilities of the SAR including:
  - a. Representing of the school as a Team Manager (TM) (**Refer to [Annex G](#)** for the main roles and responsibilities of a TM.)
  - b. Attending all briefings and meetings conducted by the school for SAR.
  - c. Work and coordinate with PC, if any, to facilitate a good participation experience for all participants including:
    - Establishing contact with PC and keeping them informed on the competition schedules and other necessary information.
    - Ensuring that all participants are present and PC are present to oversee their own children's/ward's safety and well-being. SAR should contact the school coordinator for assistance immediately if they are unable to contact the PC and/or the participant.

- d. Being professional in the discharge of their duties. They should not bring along any other students or children who are not involved in the competition for that day so that they can more effectively discharge their duties.
  - e. Observing and complying with all rules, policies, procedures, expectations, and codes of conduct of the School, Singapore Primary Schools Sports Council (SPSSC) and the applicable sporting body as may be issued from time to time.
  - f. Take all necessary precautions to ensure the safety, security, health and wellbeing of the students under their charge.
4. The SAR shall declare to the school if he/she is under investigation for any criminal offence by any authority in Singapore or elsewhere or is facing disciplinary proceedings by any sporting body in Singapore or elsewhere.
  5. Except with the written consent of the school, the SAR shall not disclose any information or material furnished by the school or make any statement or representation on behalf of the school to any media or any person not related to the NSG Organising Committee.
  6. The SAR shall not make use of any information obtained directly or indirectly from the course of his/her duty, other than for the conduct of the NSG, unless prior written approval has been given by the school.
  7. The SAR declares that, at the date of entering into this Agreement, there is no conflict of interest in the performance of this service, and of its obligations under this Agreement.
  8. The appointment is subject to the meeting of the above terms and conditions and may be revoked by the school or SPSSC if they are breached.

\_\_\_\_\_  
Name & Signature of SAR

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name & Signature of Principal

\_\_\_\_\_  
School Stamp

\_\_\_\_\_  
Date

## CODE OF CONDUCT FOR COACHES

No	Description
1	Coaches must be good role models and are expected to conduct themselves well in carrying out their duties.
2	They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
3	They should not replace the role of the Team Manager.
4	They are to prepare the training schedule for the team, in consultation with the Head of Department (HOD) and the teacher-in-charge (i.e., Student Development Programme).
5	It is the responsibility of coaches to adhere to the rules and to be well versed with the competition rules.
6	They are not allowed into the field of play except where the rule of the sport requires the presence of the coach.
7	They cannot represent the school in any matters.
8	They must not interfere with the organisation of the competition.
9	They are not allowed to approach the officials to query their decisions. Only Team Managers are allowed to approach officials to seek clarifications.
10	They must ensure that the student participants have adequate rest and are given water breaks.
11	Coaches should refrain from using foul language or speak in a tone not becoming of proper behaviour.
12	Coaches violating the rules will be asked to leave the competition arena.
13	Action will be taken against the school if the coaches fail to comply with the competition rules.